UNDERGRADUATE THESIS

IMPLEMENTATION OF ECO-FRIENDLY BEHAVIOR TO SUPPORT GREEN HOTEL AT THE DALMAR AND ELEMENT FORT LAUDERDALE DOWNTOWN



Ni Putu Messy Rusmita Sari

TOURISM DEPARTMENT POLITEKNIK NEGERI BALI BADUNG 2024

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Ni Putu Messy Rusmita Sari NIM. 2015834038

TOURISM BUSINESS MANAGEMENT STUDY PROGRAM
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UNDERGRADUATE THESIS APPROVAL SHEET

IMPLEMENTATION OF ECO-FRIENDLY BEHAVIOR TO SUPPORT GREEN HOTEL AT THE DALMAR AND ELEMENT FORT LAUDERDALE DOWNTOWN

This Undergraduate Thesis has been approved by the Supervisors and the Head of Tourism Department of Politeknik Negeri Bali on July, 24th 2024.

Supervisor 1,

Supervisor II,

Dra. Ni Nyoman Triyuni, MM NIP. 196212311990102001

I Gusti Agung Mas Krisna Komala Sari, S.Si, M.Si NIP. 198809282014042001

Acknowledged by, and of Tourism Department,

Posteknik Negeri Bali

Dr. Ni Nyoman Sri Astuti, S.ST.Par., M.Par. NIP. 198409082008122004

URUSAN PARIMISAT

UNDERGRADUATE THESIS VALIDITY SHEET

This undergraduate thesis entitled:

IMPLEMENTATION OF ECO-FRIENDLY BEHAVIOR TO SUPPORT GREEN HOTEL AT THE DALMAR AND ELEMENT FORT LAUDERDALE DOWNTOWN

by **Ni Putu Messy Rusmita Sari (2015834038)**) has been successfully defended in front of the Board of Examiners and accepted as partial fulfillment of the requirements for the Applied Bachelor's Degree of Tourism Business Management in **Undergraduate Thesis Examination**

On Day Wednesday Date 24th July 2024

	Name of Examiners	Sign
Head	Dra. Ni Nyoman Triyuni, MM NIP. 196212311990102001	Shink
Member	Ni Kadek Herna Lastari, M.Pd NIP. 199505302022032015	/ Im
Member	Putu Tika Virginiya, S.Pd., M.Pd NIP. 199009222022032010	A romingo

Acknowledge by of Tourism Department, blacknik Negeri Bali

A RIIK IVEGETI Dan

Dr. Ni Nyoman Sri Astuti, S.ST.Par., M.Par. NIP 198409082008122004

LETTER OF FREE PLAGIARISM STATEMENT

I am the undersigned below:

Name : Ni Putu Messy Rusmita Sari

Student Identification Number : 2015834038

Study Program : D-IV Tourism Business Management

Hereby honestly state that this Undergraduate Thesis entitled:

IMPLEMENTATION OF ECO-FRIENDLY BEHAVIOR TO SUPPORT GREEN HOTEL AT THE DALMAR AND ELEMENT FORT LAUDERDALE DOWNTOWN

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Badung, July 24th 2024 Who made the statement,

X294518983

Ni Putu Messy

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Writer

JURUSAN PARIWISATA

Ni Putu Messy Rusmita Sari

ABSTRACT

Sari, Ni Putu Messy Rusmita. (2024). Implementation of Eco-Friendly Behavior to Support Green Hotel at The Dalmar and Element Fort Lauderdale Downtown. Skripsi: Manajemen Bisnis Pariwisata, Jurusan Pariwisata, Politeknik Negeri Bali

This undergraduate thesis has been supervised and approved by Supervisor I: Dra. Ni Nyoman Triyuni, MM, and Supervisor II: I Gusti Agung Mas Krisna Komala Sari, S.Si, M.Si.

Keywords: Implementation, Eco-Friendly Behavior, Green Hotel, Front Office, Housekeeping

This research entitled "Implementation of Eco-Friendly Behavior to Support Green Hotel at The Dalmar and Element Fort Lauderdale Downtown" was conducted with the aim of analyze the implementation of eco-friendly behavior to support green hotel at The Dalmar and Element Fort Lauderdale Downtown, as well as knowing which variables from the eco-friendly behavior should be improved again for the future. The data analysis techniques are descriptive statistic analysis, qualitative descriptive analysis, and simple regression linear. This research sample was determined by simple random sampling with Slovin Formula with 60 people from Front Office and Housekeeping department as respondents. The results of this research concluded that the implementation of eco-friendly behavior has been implemented with an average of 82.86%, which means it is very good. Eco-Friendly Behavior and Green Hotel variables has positive relationship with a Pearson Correlation value of 0,476. Also, it can be concluded that 21.3% of the green hotel variable is influenced by eco-friendly behavior, while the remaining 78.7% is affected by other factors outside this research. Improvements are needed for The Dalmar and Element Fort Lauderdale Downtown in waste avoidance, recycling, and environmental conservation to do for the future.

ABSTRAK

Sari, Ni Putu Messy Rusmita. (2024). Implementation of Eco-Friendly Behavior to Support Green Hotel at The Dalmar and Element Fort Lauderdale Downtown. Skripsi: Manajemen Bisnis Pariwisata, Jurusan Pariwisata, Politeknik Negeri Bali

Skripsi ini telah disetujui dan diperiksa oleh Pembimbing I: Dra. Ni Nyoman Triyuni, MM, dan Pembimbing II: I Gusti Agung Mas Krisna Komala Sari, S.Si, M.Si.

Kata kunci: Implementation, Eco-Friendly Behavior, Green Hotel, Front Office, Housekeeping

Penelitian yang berjudul "Implementation of Eco-Friendly Behavior to Support Green Hotel at The Dalmar and Element Fort Lauderdale Downtown" ini dilakukan dengan tujuan untuk menganalisis penerapan perilaku eco-friendly behavior untuk mendukung green hotel di The Dalmar and Element Fort Lauderdale Downtown, serta mengetahui variabel mana saja dari eco-friendly behavior yang perlu ditingkatkan lagi untuk kedepannya. Teknik analisis data yang digunakan adalah analisis statistik deskriptif, analisis deskriptif kualitatif, dan regresi linier sederhana. Sampel penelitian ini ditentukan secara simple random sampling dengan rumus Slovin dengan jumlah responden sebanyak 60 orang yang berasal dari departemen Front Office dan Housekeeping. Hasil penelitian menyimpulkan bahwa penerapan eco-friendly behavior sudah dilaksanakan dengan rata-rata 82,86% yang berarti sangat baik. Variabel eco-friendly behavior dan Green Hotel mempunyai hubungan positif dengan nilai Pearson Correlation sebesar 0,476. Dapat disimpulkan pula bahwa sebesar 21,3% variabel green hotel dipengaruhi oleh ecofriendly behavior, sedangkan sisanya sebesar 78,7% dipengaruhi oleh faktor lain di luar penelitian ini. Perbaikan diperlukan untuk The Dalmar dan Element Fort Lauderdale Downtown dalam penghindaran limbah, daur ulang, dan pelestarian lingkungan untuk masa depan.

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CHAPTER I

INTRODUCTION

1.1 Research Background

Millions of domestic and foreign visitors each year, tourism is one of the primary sources of foreign exchange earnings in the United States. It can support the country's economic growth. The tourism industry in the United States has grown over the years to spur interest in travel. Travelers from outside come to the United States to explore its cities, entertainment venues, historic sites, and natural wonders (Rasool et al., 2021).

The rapid rise of the tourism industry has led to increased utilization of natural resources such as energy and water, resulting in significant waste generation. This has caused substantial environmental harm, including global warming and uncontrolled pollution (Wahyuni, 2023). Driven by population growth and economic expansion, tourism exacerbates deforestation, habitat destruction, and carbon emissions. It also strains local water supplies and increases transportation-related emissions, worsening climate change. Balancing tourism growth with environmental sustainability is crucial for our planet's health. Environmental problems are becoming increasingly widespread, and their ecological impact is increasing. Understanding green hotels that practice awareness of environmental quality is essential. Hoteliers should be able to read their consumers' wishes about ecological issues and conduct hospitality activities using environmentally friendly insights (Purnama, 2016). Green hotels use very environmentally friendly objects,

and hotel management has programs and strategies to save water, save energy, and reduce waste from hotel activities to help protect the earth. The hotel industry must have self-awareness employees who show eco-friendly behavior to support the green hotel, which has 6 (six) dimensions of behavior, including Energy Conservation, Transportation and Mobility, Waste Avoidance, Consumerism, Recycling, and Environmental Conservation (Novita, 2020). Nowadays, hotel management emphasizing environmentally friendly principles is competitive and has high selling points. The high competitiveness and marketability of the green hotel concept makes guests from various parts of the world make green hotel an option and necessity in choosing a hotel (Pangestu, 2020).

One of the hotels that has implemented the green hotel is The Dalmar and Element Fort Lauderdale Downtown. The Dalmar and Element Fort Lauderdale Downtown, in supporting green hotels for sustainable tourism, have implemented the zero-waste movement and carbon and water footprint. Zero-waste means hotels reuse products that can be used and avoid products that could potentially become rubbish. All departments, including the Front Office and Housekeeping Departments, implemented energy-saving and zero-waste initiatives. Efforts to reduce waste in the front office work area include reducing paper usage by printing a document using the print both sides option, using recycled paper when printing documents, and using environmentally friendly products that are not made from plastic and can be recycled repeatedly (Sattenspiel & Wilson, 2009).

However, based on the review in TripAdvisor, the implementation of ecofriendliness has not run optimally because, as seen in The Dalmar and Element Fort Lauderdale Downtown, it still does not decompose waste according to type, this is of course a problem because apart from causing disease due to not separating waste, it can damage the environment because waste that should be recycled is just thrown away, besides that the paperless concept also still minimally used, for example, the registration process still uses paper which should already be done online. Based on the background description above, the authors are interested in conducting research titled "Implementation Eco-Friendly Behavior to Support Green Hotel at The Dalmar and Element Fort Lauderdale Downtown."

1.2 Research Questions

Based on the background above, the problem formulation that can be drawn from this research is as follows.

- 1. How is the implementation of eco-friendly behavior at The Dalmar and Element Fort Lauderdale Downtown?
- 2. How is the impact of implementing eco-friendly behavior to support green hotel at The Dalmar and Element Fort Lauderdale Downtown?

1.3 Research Objectives

Based on the formulation of the problem that the researcher has formulated, the objectives to be achieved are:

- 1. To analyze the implementation of eco-friendly behavior at The Dalmar and Element Fort Lauderdale Downtown.
- 2. To analyze the impact of implementing eco-friendly behavior to support green hotel at The Dalmar and Element Fort Lauderdale Downtown

1.4 Research Significance

There are the benefits of this research are:

1.4.1 Theoretical Benefits

Theoretically, this study's findings may inform and educate future research on "Implementation of Eco-Friendly Behavior to Support Green Hotel at The Dalmar and Element Fort Lauderdale Downtown" and help advance knowledge in that area.

1.4.2 Practical Benefits

a. Benefit for The Dalmar and Element Fort Lauderdale Downtown

Hopefully, this undergraduate thesis will also become a substance for consideration and input for all staff on the importance of eco-friendly behavior in supporting green hotels by the Front Office and Housekeeping Department.

b. Benefit for Politeknik Negeri Bali

This research will likely work as a resource for Politeknik Negeri Bali students who conduct additional research on implementing eco-friendly behavior to support green hotels.

c. Benefit for Students

This research is one of the requirements for students to complete applied undergraduate studies at the Politeknik Negeri Bali. It is expected to be able to become a comparison and implementation in the field with the provision of theory and practice obtained on campus.

1.5 Limitations and Scope of Research

The scope of the research includes the "Implementation of Eco-Friendly Behavior by Front Office Department to Support Green Hotel For Sustainability Tourism at The Dalmar and Element Fort Lauderdale Downtown." The variables used in this study consist of eco-friendly behavior as the independent variable (X) and Green Hotels as the dependent variable (Y).



CHAPTER V

CONCLUSION AND SUGGESTION

5.1 Conclusion

Based on the results of data analysis and the description of the discussion in the previous chapter, the researcher obtained several conclusions as follows:

Based on the discussion from 4.2.1 above, it can be concluded that implementation of eco-friendly behavior at The Dalmar and Element Fort Lauderdale Downtown, it has been found that the overall implementation is at a high level with a total average of 82.8 which means "very implemented". The highest score is in the implementation of transportation and mobility, with an average of 99%. However, the lowest scores are in waste avoidance and recycling, with averages of 75.33% and 77.17%, respectively. Other areas, such as energy conservation, consumerism, and environmental conservation, have high scores of 84.67%, 81%, and 80%, which means "implemented." Improvements are needed in energy conservation such as use the stairs instead of the elevator when running operations, waste avoidance such as reuse the paper use by switch to digital-based services by word of mouth and reduce the use of plastic, consumerism such as use tissue adequately in work operations, recycling such as use the blank side of recycle paper when print internal hotel documents, and environmental conservation such as taking part of work environment also sort waste by disposing waste by the type to do for the future.

Based on the discussion from 4.2.2, the study also reveals a significant relationship between eco-friendly behavior and support for green hotels, with a Pearson correlation of 0.476, indicating a moderate positive relationship. The simple linear regression test shows a coefficient of 0.181, demonstrating that eco-friendly behavior positively impacts green hotel initiatives. Additionally, the coefficient of determination test indicates that 21.3% of the green hotel variable is influenced by eco-friendly behavior, while the remaining 78.7% is affected by other factors outside this research. In conclusion, while The Dalmar and Element Fort Lauderdale Downtown have implemented several eco-friendly practices effectively, there is room for waste management and environmental conservation improvement. The positive relationship between eco-friendly behavior and support for green hotels underscores the importance of these initiatives in achieving sustainability goals.

5.2 Suggestions

Based on the questionnaire results, it was found that The Dalmar and Element Fort Lauderdale Downtown would benefit significantly from enhancing their implementation of eco-friendly practices to better support green initiatives within the hotel industry. Specifically, energy conservation measures are needed to prioritize, which contribute to cost savings in maintenance and help reduce the hotels' overall environmental footprint such as use the stairs instead of elevator. In addition to waste avoidance, improving digital communication tools for guests can significantly enhance their overall experience and satisfaction during their stay. Providing easy access to digital platforms for reservations, room service requests, and personalized recommendations can streamline operations and create a more seamless guest experience. This approach meets modern travellers' expectations

and reinforces the hotels' commitment to innovation and customer service excellence. In addition to consumerism, to address this, the hotel provides hand dryers as a sustainable alternative, helping to conserve tissue. However, better implementation of using hand dryers over tissues is needed to reduce waste and support our environmental conservation efforts. Also, in addition to recycling, to fully support the green hotel's sustainability goals, all staff must adhere to the policy of reusing paper whenever possible.

Furthermore, enhancing waste management practices is crucial for environmental sustainability and operational efficiency. In addition to energy conservation, improving digital communication tools for guests can significantly enhance their overall experience and satisfaction during their stay. For future researchers, this research is limited to Eco-Friendly Behavior (X) and Green Hotel (Y). The writer suggests that future research can add new variables that support green hotels beyond eco-friendly behavior. It is recommended to consider the effectiveness of eco-friendly behavior through various indicators or to connect it with sustainable tourism. Additionally, researchers should immerse themselves in relevant literature and journals to understand current trends and challenges in sustainable hospitality practices. This foundational knowledge will help in developing their thesis and provide a robust framework for exploring innovative solutions to environmental issues within the hospitality industry.

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