

**IMPLEMENTATION OF GREEN WASTE MANAGEMENT  
TO IMPROVE HYGIENE AND ENVIRONMENTAL HEALTH  
AT CONRAD BALI**



**POLITEKNIK NEGERI BALI**

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**TOURISM DEPARTMENT  
POLITEKNIK NEGERI BALI  
BADUNG  
2022**

**THESIS**

**IMPLEMENTATION OF GREEN WASTE MANAGEMENT  
TO IMPROVE HYGIENE AND ENVIRONMENTAL HEALTH  
AT CONRAD BALI**



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**2022**



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Badung, August 2022  
Who made the statement,



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## **THESIS**

# **IMPLEMENTATION OF GREEN WASTE MANAGEMENT TO IMPROVE HYGIENE AND ENVIRONMENTAL HEALTH AT CONRAD BALI**

This Thesis is submitted to Tourism Department of Politeknik Negeri Bali  
in Partial Fulfillment of the Requirement for the Degree of Applied Bachelor in Tourism



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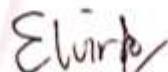
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**IMPLEMENTATION OF GREEN WASTE MANAGEMENT  
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AT CONRAD BALI**

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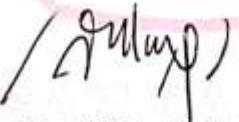
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Badung, August 2022

The Writer

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## **ABSTRAK**

### **IMPLEMENTASI GREEN WASTE MANAGEMENT DALAM MENINGKATKAN KEBERSIHAN DAN KESEHATAN LINGKUNGAN DI CONRAD BALI**

**PUTU PRADNYANA KUSUMA PUTRA**

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*Tujuan dari penelitian ini adalah untuk mengetahui implementasi green waste management dan bagaimana implementasi green waste management ini dilakukan dalam meningkatkan kebersihan dan kesehatan lingkungan di Conrad Bali. Metode pengumpulan data yang digunakan adalah observasi, wawancara dengan informan kunci, dan dokumentasi. Metode analisis data yang digunakan adalah penelitian kualitatif melalui reduksi data, penyajian data, dan penarikan kesimpulan. Hasil penelitian ini menunjukkan bahwa hotel Conrad Bali telah mengimplementasikan green waste management dengan konsep 3R (reduce, reuse, and recycle) dalam meningkatkan kebersihan dan kesehatan lingkungan. Reduce meliputi melakukan kunjungan ke pemasok, menggunakan kembali jerigen untuk tempat bumbu, berkolaborasi dengan vendor sampah, dan menghindari penggunaan sampah plastik saat operasional. Reuse meliputi penggunaan dispenser sebagai produk pembersih isi ulang, menghindari penggunaan bahan sekali pakai, menggunakan kantong sampah plastik untuk tempat sampah, menggunakan kembali kain bekas untuk alat kebersihan, dan kertas bekas untuk menulis dan fotokopi. Recycle meliputi memproses sampah organik menjadi kompos dan sampah non organik menjadi barang yang berguna. Tetapi beberapa hal perlu diperhitungkan seperti pemilihan sampah yang konsisten agar mempermudah dalam pengelolaan sampah, penggunaan tas kain yang ramah lingkungan daripada penggunaan tas plastik, memberikan perhatian kepada tamu agar mengurangi penggunaan plastik saat berlibur ke Conrad Bali, dan tetap melaksanakan program-program yang berkaitan dengan pengelolaan sampah seperti Beach Cleaning dan Sustainability Food Festival Event.*

*Kata Kunci: Green Waste Management, Konsep 3R, Kebersihan, Kesehatan Lingkungan*

## **ABSTRACT**

### **IMPLEMENTATION OF GREEN WASTE MANAGEMENT TO IMPROVE HYGIENE AND ENVIRONMENTAL HEALTH AT CONRAD BALI**

**PUTU PRADNYANA KUSUMA PUTRA**

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The purpose of this study is to find out the implementation of green waste management and how the implementation of green waste management is conducted to improve hygiene and environmental health at Conrad Bali. Methods of data collection used are observation, interviews with key informants, and documentation. The data analysis method used is qualitative research through data reduction, data displaying and drawing the conclusion. The results of this study show that the Conrad Bali hotel has implemented green waste management with the 3R (reduce, reuse, and recycle) concept to improve hygiene and environmental health. Reduce includes visiting suppliers, reusing jerry cans for spices, collaborating with waste vendors, and avoiding the use of plastic waste during operations. Reuse includes the use of dispensers as a refill cleaning product, avoiding the use of single use materials, using plastic garbage bags for trash bins, using scraps of used cloth for cleaning equipment, and paper waste for writing and photocopying. Recycle includes processing organic waste into compost and non-organic waste into useful items. However, several things need to be considered, such as consistent waste sorting that needs to be done to make waste management easier, use environmentally friendly cloth bags instead of use plastic bags, pay attention to guests to reduce their use of plastic while on vacation to Conrad Bali, and continue to implement programs that related to waste management such as Beach Cleaning and Sustainability Food Festival Event.

**Keywords:** Green Waste Management, 3R Concept, Hygiene, Environmental Health

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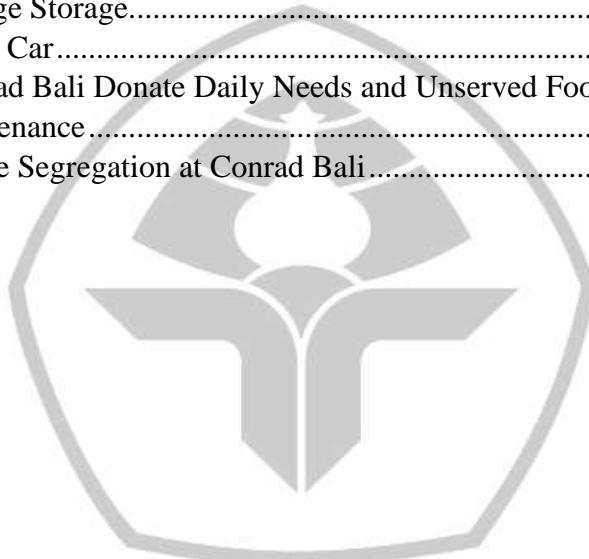
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## **CHAPTER I**

### **INTRODUCTION**

#### **1.1 Background**

The hotel industry certainly has a significant contribution to make in generating waste. If there are more visitors to a hotel, of course, the waste generated will increase. One of the 5-star hotels in Bali that always experiences a significant increase in the number of guests, especially during the high season, namely Conrad Bali. In this case, Conrad Bali operates 24 hours a day and never stops producing waste from food, beverages, food, and beverage manufacturing processes, plastic bottles, glass, paper, cardboard, take away the box and plastic food and beverages purchased by guests from outside the hotel because after use, wrap the plastic will be discarded by the consumer, whose use is less environmentally friendly. The amount of waste generated is unlikely to be small. Green waste management which is waste management with the concept of reducing, reusing, and recycling (Hidayat, 2017) has been implemented by Conrad Bali to reduce the burden of waste on the landfill.

However, its implementation is still not optimal, during operation in restaurants, a landfill for solid waste (inorganic) has been prepared such as plastic bottles, cans, rubber, metal, wooden chopsticks, food wrappers, and wet waste (organic) such as leftover rice, vegetables, and fruits, but some waste such as food scraps, paper, and bottles look not properly sorted and are still mixed. When the operations at the restaurant are very busy and fast, sometimes the staff forgets to sort out the waste

at the disposal site, this causes organic and inorganic waste to be mixed and will make it difficult later in the waste management process. Also still use tissue, disposable straws for drinks, plastic juice bottles, and a lot of food leftovers that must be thrown away, which of course will increase the production of waste. Seeing the high level of waste produced by the hotel during operation in the restaurant, a green waste management program must be maintained from the starting point of the waste being created which will maintain hygiene and environmental health around the hotel.

Green waste management is certainly very closely related to hygiene and environmental health. Hygiene and environmental health are important basic capital for human development because the quality of the environment will have an impact on the quality of human life itself (Mahirun & Kushermanto, 2021). The waste problem is one of the crucial problems faced by the hotel sector, the amount of waste produced in five-star hotels is increasing every year, because apart from increasing hotels, the room occupancy rate also increases, which means the amount of waste generated by guests will increase.

As one of the growing business sectors in Indonesia, the hotel sector will certainly continue to improve for the convenience of customers. The hospitality industry started by analyzing the need for waste reduction and they emphasized various new practices that could cut their waste disposal costs, protect and conserve nature and also increase guest loyalty. One of them is implementing an environmentally friendly waste management process. environment and return to using natural materials that do not damage the environment (Hanifah & Finzky,

2018). Based on the problems that have been described previously, the authors are interested in studying more deeply "Implementation of Green Waste Management to Improve Hygiene and Environmental Health at Conrad Bali".

## **1.2 Problems of The Research**

Based on the description of the background above, the problems raised in this study are:

1. How is the implementation of green waste management at Conrad Bali?
2. How does the implementation of green waste management improve hygiene and environmental health at Conrad Bali?

## **1.3 Purpose of The Research**

Based on the formulation of the problem above, this study aims to:

1. To identify the implementation of green waste management at Conrad Bali.
2. To analyse how the implementation of green waste management improve hygiene and environmental health at Conrad Bali.

## **1.4 Benefits of The Research**

This research hopefully will bring some benefits both theoretically and practically. The benefits to be obtained in this research are:

### **1.4.1 Theoretical Benefits**

Theoretically, this research is expected to provide additional information in supporting other research and can add to the list of bibliography in the academic environment. This research is expected to be reference material for the next researcher and input for those who read. Moreover, the result of this research is

expected to provide additional knowledge about the implementation of green waste management in hotels and how the implementation of green waste management is conducted to improve hygiene and environmental health.

#### **1.4.2 Practical Benefits**

##### a. Benefits for Politeknik Negeri Bali

This research is expected to be an additional reference or as a material consideration in conducting similar research in the next period for the campus as an educational institution in developing knowledge in the field of tourism, especially regarding the implementation of green waste management to improve hygiene and environmental health.

##### b. Benefits for Students

It is hoped that this research can be additional knowledge for students to be able to compare the existing knowledge in lectures or theories with the reality in the field. As well as providing experience in implementing knowledge about green waste management to improve hygiene and environmental health.

##### c. Benefits for Conrad Bali

The result of this research is expected to be useful inputs and guidelines to the company regarding what needs to be improved in the implementation of green waste management and overcome the problems that are often faced in the implementation of green waste management and be able to improve hygiene and environmental health at Conrad Bali.

## **CHAPTER V**

### **CONCLUSION AND SUGGESTION**

#### **5.1 Conclusion**

Based on the results of the analysis and discussion regarding the implementation of green waste management to improve hygiene and environmental health at Conrad Bali, it can be concluded that Conrad Bali has implemented the 3R (reduce, reuse and recycle) concept which is do supplier visit and choose the product that do not use plastic. Conrad Bali have a collaboration with waste vendors for picking up waste and have a program to minimize the production of waste called "Clean Your Plate" and have pre order system. Conrad Bali using refillable cleaning product by using dispenser, reuse scraps of used cloth for cleaning tools and doormats, paper waste for writing and photocopying in the office.

Organic waste from garden and kitchen will be process into compost and in organic waste will be recycling by waste vendor. All the staff must have consistent efforts in reducing waste and requires assistance from the community itself, educate the public how to manage household waste. Conrad Bali always maintain the hotel's equipment, giving awareness to staff to do the right waste segregation, ensure that the waste is used to make new products and this implementation has to reduce the air pollution. Conrad Bali donate unserved food to those who need and have waste management activity with aims to educate the public how they can reduce waste production.

## 5.2 Suggestion

Based on the conclusions that can be drawn from the results of data analysis and also discussion in Chapter IV, the suggestions that the author can give, include:

1. It is better for Conrad Bali to pay more attention to the implementation of green waste management, where all staff must be consistent in sorting waste in landfills, because this will make it easier later in waste management which will be carried out by waste vendors who are invited to work together by Conrad Bali, using cloth bag that can be used continuously instead of using a plastic bag. When taking a break in the canteen, staff should take the food you need so that later no food is wasted.
2. Provide awareness to guests to reduce the use of plastic when vacationing at Conrad Bali, because some guests often buy food and drinks from outside the hotel with packages made of plastic. Consistent in organizing programs related to waste management such as Beach Cleaning, Clear Up Your Plate, Food Donation and Sustainability Food Festival, with these programs, it will certainly motivate all staff in reducing the amount of waste generated by the hotel every time. Every human being must have the same contribution to reduce waste, because we are the ones who produce a lot of waste.

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